

12th FIAPAC Conference

Improving women's journeys through abortion

14-15 October 2016, Lisbon, Portugal

SCIENTIFIC PROGRAMME

Thursday, 13 October 2016

13:00 – 17:00

Room 2

Pre-conference session 1: Decriminalisation

Ann Furedi, UK

Aimed at advocates to discuss what decriminalisation means and discuss strategies to achieve it.

Room 5

Pre-conference session 2: D&E workshop

Matt Reeves, USA - Jody Steinauer, USA & Patricia Lohr, UK

Aimed at clinicians wishing to learn about surgery in the midtrimester

Friday, 14 October 2016

08:00 - 09:00 **Registration and Refreshments**

09:00 - 09:30 **Opening**

Main Auditorium

Chairs: Teresa Bombas, Portugal – Sharon Cameron, UK

09:00 – 09:10 Welcome by Francisco George - National Health Service, Portugal

09:10 – 09:20 Welcome by the Conference Organiser - Teresa Bombas, Portugal

09:20 – 09:30 Welcome by the FIAPAC President - Sharon Cameron, UK

09:30 - 11:00 **Plenary Session 1 - Successes in improving women's journey**

Main Auditorium

Chairs: Ana Campos, Portugal – Sharon Cameron, UK

09:30 – 09:52 Improving the journey through medical abortion – Rebecca Gomperts, Women on Waves

09:52 – 10:14 Preventing subsequent abortion - Oskari Heikinheimo, Finland

10:14 – 10:37 Improving women's journey through abortion in Portugal - Lisa Vicente, Portugal

10:37 – 11:00 Global and regional abortion trends, 1990-2014: positive findings - Gilda Sedgh, USA

11:00 - 11:30 **Refreshments, exhibition and poster presentations**

11:30 - 12:30 **Plenary Session 2 - Barriers and restrictions**

Main Auditorium

Chairs: Amália Pacheco, Portugal - Kristina Gemzell Danielsson, Sweden

- 11:30 – 11:50 The Global Abortion Policies Project: a WHO-United Nations Population Division initiative to strengthen transparency of laws and policies and accountability for women's health and rights - Brooke Ronald Johnson, WHO
- 11:50 – 12:10 Regional analyses of abortion laws and policies in the context of the WHO safe abortion standards - Bela Ganatra, WHO
- 12:10 – 12:30 Regional analyses of abortion laws and policies in the context of international human rights standards - Rajat Khosla, WHO

12:30 - 14:00 Lunch, exhibition and poster presentations

13:00 – 14:00 Lunch sessions

Lunch session 1 - Exelgyn sponsored session

Main Auditorium

Chairs: David Baird, UK – Teresa Bombas, Portugal

- 13:00 – 13:20 Cervical priming before surgical abortion - Aubert Agostini, France
- 13:20 – 13:40 Comprehensive pain management in medical abortion - Christian Fiala, Austria
- 13:40 – 14:00 A tailored pregnancy test offers new possibilities to women for ToP follow-up - Kristina Gemzell Danielsson, Sweden

Lunch session 2 – IPPF - Barriers to Safe abortion: A global perspective

Small Auditorium

Chair: Karthik Srinivasan, IPPF UK

- 13:00 – 13:20 Abortion is illegal in my country - Anjum Rizvi, Rahnuma, Family Planning Association of Pakistan
- 13:20 – 13:40 Shooting a moving target – Tackling Abortion stigma - Rebecca Wilkins, IPPF Central Office
- 13:40 – 14:00 I am young and I need an abortion - Edjenguele Lotti, Cameroon National Planning Association for Family Welfare

Lunch session 3 - Positive developments

Room 2

Chairs: Vilar Duarte, Portugal – Eduardo Lopez Arregui, Spain

- 13:00 – 13:20 Resistance in the USA – Vicki Saporta, ProChoice
- 13:20 – 13:40 Timid progress in Africa and Latin America – Anibal Faundes, Brasil
- 13:40 – 14:00 Europe: positive developments - Nausikaa Martens, Belgium

14:00 - 15:30 Concurrent sessions

Concurrent session 1: Free communications

Main auditorium

- Chairs: Anabela Araujo Pedrosa, Portugal - Françoise Dedrie, Belgium
- 14:00 – 14:10 A randomised controlled trial of immediate initiation of contraception by levonorgestrel-releasing intrauterine system (LNG-IUS) after medical abortion - one year continuation rates – Riina Korjamo, Finland
- 14:10 – 14:20 The impact of a liberalisation law on legally induced abortion hospitalisations – Antónia Costa, Portugal
- 14:20 – 14:30 Pain management for up to 9 weeks medical abortion – An international survey among providers – Christian Fiala, Austria
- 14:30 – 14:40 Safety and effectiveness of medical abortion outside the formal healthcare setting: do women seek timely care for potential complications? – Abigail Aiken, USA
- 14:40 – 14:50 Disparities in access to first trimester legal abortion in the public sector in Mexico City: Who presents past the gestational age limit? - Blair G. Darney, Mexico
- 14:50 – 15:00 Seeking clandestine abortion safely: Unwanted pregnancy and medical abortion among young women in Dar es Salaam - Ingrid H. Solheim, Norway
- 15:00 – 15:10 Efficacy of very early medical abortion – Isabella Bizjak, Sweden
- 15:10 – 15:20 Contraception needs and induced abortion in China: two cross-sectional studies - Wei-Hong Zhang, Belgium

15:20 – 15:30 Stigma associated with abortion is deciding choice to provide or sidestep abortion services – Asika Khanum, Pakistan

**Concurrent session 2: Catholics for Choice
I walk the line: when abortion is a crime**

Room 5

Moderator: Jon O'Brien, USA

Around the world the precarious legal status of abortion poses serious challenges for women and medical providers. In parts of Africa, doctors are prosecuted for providing abortion and postabortion care, in parts of Europe women are forced to travel or illegally obtain medical abortion drugs to circumvent prohibition and in parts of Latin American women find themselves in jail after being reported by health professionals for even being suspected of having an abortion. In this session, Catholics for Choice will explore the first hand experiences of individuals working where abortion is illegal.

14:00 – 14:20 John Nyamu, Executive Director, Reproductive Health Services, Kenya

14:20 – 14:40 Laura Gil, Director, Fundación ESAR, Colombia

14:40 – 15:00 Charles Kiggundu, Consultant Obstetrician and Gynaecologist, Mulago Hospital, Uganda

15:00 – 15:30 Discussion

Concurrent session 3: management of medically challenging cases and training

Room 6

Chairs: Joaquim Neves, Portugal - Mirella Parachini, Italy

14:00 – 14:20 Abortion in women with cardiac disease - Oskari Heikinheimo, Finland

14:20 – 14:40 Abortion in women with haematological disease - Alison Edelman, USA

14:40 – 15:00 The first online course about abortion: filling a gap in health student learning - Jody Steinauer, USA

15:00 – 15:30 Discussion

**Concurrent session 4: European Society of Contraception and Reproductive Health
Improving abortion care and postabortion contraception**

Small auditorium

Chairs: Ingrid Sääv, Sweden - Eduardo Lopez Arregui, Spain

14:00 – 14:20 Improving access to abortion care - Sam Rowlands, UK

14:20 – 14:40 Intrauterine contraception after medical abortion – Ingrid Sääv, Sweden

14:40 – 15:00 Quickstarting implants after medical abortion – Helena Kopp Kallner, Sweden

15:00 – 15:20 Avoiding unwanted pregnancies in Zagreb - Vesna Stepanic, Croatia

15:20 – 15:30 Discussion

Concurrent session 5: European Consortium for Emergency Contraception

Room 2

Chairs: Elisabeth Aubény, France – Cristina Puig, Spain

14:00 – 14:20 EC in Europe - Caroline Moreau, France/USA

14:20 – 14:40 Quick-Starting contraception after EC - Sharon Cameron, UK

14:40 – 15:00 IUD for EC - David Turok, USA

15:00 – 15:30 Discussion

15:30 – 16:00 **Refreshments, exhibition and poster presentations**

16:00 - 17:30 **Plenary Session 3 – Information & availability**

Main Auditorium

Chairs: Andreja Stolfa Gruntar, Slovenia - Alberto Stolzenburg, Spain

16:00 – 16:30 Consequences of receiving versus being denied a wanted abortion - Diana Foster, USA

16:30 – 17:00 Expanding providers and task sharing - Helena Kopp Kalner, Sweden

17:00 – 17:30 More than one abortion and late presentation for abortion - Lisa McDaid, UK

18:00 - 19:30 **General Assembly of FIAPAC (members only)**

Main Auditorium

20:00 **Gala Dinner**

Saturday, 15 October

09:00 - 10:30 **Plenary Session 4 – New developments**

Main Auditorium

Chairs: Christian Fiala, Austria - Ann Furedi, UK

09:00 – 09:30 Early and very early medical abortion – Philippe Faucher, France

09:30 – 10:00 Cervical priming made easy - Ingrid Sääv, Sweden

10:00 – 10:30 Strengthening autonomy: Mobile technology and self-assessment for medical abortion
- Deborah Constant, South Africa

10:30 - 11:00 **Refreshments, exhibition and poster presentations**

11:00 - 12:30 **Concurrent sessions**

Concurrent session 6: Stigma workshop

11:00 - 11:30 Abortion & Stigma: what are we talking about? - Anu Kumar, USA

11:30 - 12:30 Tackling Stigma, an interactive exercise - Ann Furedi, UK - Carine Vrancken, Belgium & Françoise Dedrie, Belgium

Concurrent session 7: SFP - Unintended pregnancy

Room 6

Chairs: Susan Higginbotham, USA – John Sciarra, USA

11:00 – 11:20 Measurement of unintended pregnancy and its importance for predicting negative life impacts - Abigail Aiken, USA

11:20 – 11:40 Influence of male partner intentions on women's perceptions of unintended pregnancy - Caroline Moreau, France/USA

11:40 – 12:00 Beyond unmet need: desired versus actual use of contraception - James Trussell, USA

12:00 – 12:30 Discussion

Concurrent session 8: Gynuity – Innovations in medical abortion service delivery

Small Auditorium

11:00 – 11:20 Simplified medical abortion screening – Rodica Comendant, Moldova

11:20 – 11:40 Multi-level pregnancy test for medical abortion follow-up: what do we know so far? - Wendy Sheldon, USA

11:40 – 12:00 Telabortion: A direct-to-consumer telemedicine abortion service – Erica Chong, USA

12:00 – 12:30 Discussion

Concurrent session 9: Free communications

Chairs: Helena Kopp Kallner, Sweden - Mirjam Denteneer, the Netherlands

Main Auditorium

11:00 – 11:10 Use of effective contraception six months after emergency contraception with a copper intrauterine device or ulipristal acetate - a prospective observational cohort study – Niklas Envall, Sweden

11:10 – 11:20 Evaluation of two low sensitivity urine pregnancy tests (1000IU) used for self assessment following early medical abortion – Sarah Millar, UK

11:20 – 11:30 Analysis of cervical resistance during continuous controllable balloon dilatation – Aleksandar Zivanovic, Serbia

11:30 – 11:40 Paracervical block as pain treatment during second-trimester medical termination of pregnancy - a randomised controlled trial with bupivacaine versus sodium chloride - Inga-Maj Andersson, Sweden

11:40 - 11:50 Comparison of treatment of incomplete abortion with misoprostol by physicians and midwives at district level in Uganda: a randomised controlled equivalence trial – Marie Klingberg-Allvin, Sweden

11:50 – 12:00 Access to abortion in Australia: insights from health care professionals – Angela Dawson, Australia

- 11:00 – 11:15 Safety of medical abortion up to 10 weeks at home – Iolanda Ferreira, Portugal
 11:15 – 11:30 Preferred terminology amongst women seeking abortion: A British survey - Sharon Cameron, UK
 11:30 – 11:45 Contraceptive use among immigrant and non-immigrant women seeking abortion care in Stockholm County – Karin Emtell Iwarsson, Sweden

Concurrent session 10: RCOG & Leading safe choices project

Room 2

- Chairs: Anna Glasier, UK – Alison Fiander, UK
 11:00 – 11:20 Overview of the project - Anna Glasier, UK
 11:20 – 11:40 Progress in South Africa – Judith Kluge, South Africa
 11:40 – 12:00 Progress in Tanzania – Pendo Mlay, Tanzania
 12:00 – 12:30 Discussion

Concurrent session 11: Variation in abortion care in Europe

Room 5

- Chairs: Dimitar Cvetkoff, Bulgaria - Raina Brethouwer, the Netherlands
 11:00 – 11:20 Spain's recent developments after the 2015 reform of the abortion law: the special situations of minors - Carolina Rivas, Spain
 11:20 – 11:40 Reasons for the use of medical versus surgical abortion in Europe - Alberto Stolzenburg, Spain
 11:40 – 12:00 Indications for mid-trimester abortion throughout Europe - Mirella Parachini, Italy
 12:00 – 12:30 Discussion

12:30 - 14:00 Lunch, exhibition and poster presentations

13:30 – 14:00

Lunch session 4 - The discovery and development of mifepristone – André Ulmann, France

Small Auditorium

13:00-14:00

Lunch session 5 – Free communications

Main Auditorium

- Chairs: Matt Reeves, USA – Philippe Faucher, France
 13:00 – 13:10 An evaluation of postplacental insertion of intrauterine contraception (PPIUC) at elective caesarean section in the UK – Rebecca Heller, UK
 13:10 – 13:20 Why have abortions decreased in the USA? – Philip Darney, USA
 13:20 – 13:30 Self-Administered lidocaine gel for pain control with first trimester surgical abortion: a randomized trial (SALSA) – Paul Blumenthal, USA
 13:30 – 13:40 Are women with a foreign background more likely to have an induced abortion as compared to nonimmigrant women? A study conducted in Stockholm, Sweden - Elin C. Larsson, Sweden
 13:40 – 13:50 The Zika virus: Highlighting the impact of abortion restrictions on the lives of women in Latin America – Kelly Blanchard, USA / Cecilia Vieira da Costa, Portugal
 13:50 – 14:00 Supporting and promoting the provision of MTOP in Victoria, Australia – Annarella Hardiman, Australia

13:00-14:00

Lunch session 6 – mid trimester workshop

Room 2

Moderators: Cecilia Berger, Sweden - Inga-Maj Andersson, Sweden - Annette Aronsson, Sweden - Kristina Gemzell Danielsson, Sweden - Helena Kopp Kallner, Sweden - Ingrid Sääv, Sweden - Eneli Salomonsson, Sweden - Monica Johansson, Sweden

Second trimester medical abortion is safe and can be provided by midlevel providers. It carries no risk for adverse effects during future pregnancies and is the main method for termination of pregnancy in the second trimester in all Nordic countries.

Topics: Second trimester medical abortion: for whom? - Second trimester medical abortion- recommended regimen - Pain management - Acceptability by women, by staff - Need for surgical intervention - How to avoid unnecessary surgical intervention - Post abortion contraception

14:00 - 15:30 **Concurrent sessions**

Concurrent session 12: What's topical in Europe

Small auditorium

Chairs: Catherine Chéry, Luxembourg - Gabriele Halder, Germany

- 14:00 – 14:20 Coping with UK abortion law – Allan Templeton, UK
- 14:20 – 14:40 EBCOG and setting standards of care in Europe – Jacky Nizard, France
- 14:40 – 15:00 Conscientious objection – Christian Fiala, Austria
- 15:00 – 15:30 Discussion

Concurrent session 13: FIGO Prevention of Unsafe Abortion

Room 2

Chair: Teresa Bombas, Portugal – Paul Van Look, Switzerland

- 14:00 – 14:20 Barriers to expansion of postabortion contraception within the FIGO Initiative on Prevention of Unsafe Abortion - Guyo Jaldesa, Kenya
- 14:20 – 14:40 Overcoming stigma in abortion - a providers perspective - Jaydeep Tank, India
- 14:40 – 15:00 The FIGO initiative - How providers are making a difference - Anibal Faúndes, Brazil
- 15:00 – 15:30 Discussion

Concurrent session 14: Provision of safe abortion and emergency contraception in humanitarian and emergency contexts

Room 5

Chairs: Brooke Ronald Johnson, WHO - Philippe David, France

- 14:00 – 14:20 Tragically lacking: safe abortion care in humanitarian emergencies – Sandra Krause, USA
- 14:20 – 14:40 IPPF-EN Member Associations' response to the SRH needs of refugees and migrants in transition and destination countries – Lena Luyckfasseel, IPPF European Network, Belgium
- 14:40 – 15:00 MSF: New guidance to address the challenges of providing safe abortion in humanitarian emergencies – Catrin Schulte-Hillen, Switzerland
- 15:00 – 15:30 Discussion

Concurrent session 15: Medical methods

Room 6

Chairs: Philippe Faucher, France - Antonia Costa, Portugal

- 14:00 – 14:20 Late first trimester – Maria do Céu Almeida, Portugal
- 14:20 – 14:40 Practical management of mid-trimester abortion - Linda Hunt, UK
- 14:40 – 15:00 Managing failure of medical abortion - Patricia Lohr, UK
- 15:00 – 15:30 Discussion

Concurrent session 16: Free communications

Main auditorium

Chairs: Oskari Heikinheimo, Finland – Caroline Moreau, France/USA
France/USA

- 14:00 – 14:10 Buccal versus sublingual misoprostol alone for early pregnancy termination in legally restricted Latin American settings: A randomized trial – Wendy Sheldon, USA
- 14:10 – 14:20 Analysis of induced abortion related complications admitted to referral based medical facilities in Kinshasa, Democratic Republic of the Congo – Daniel Ishoso Katuashi – Congo

- 14:20 – 14:30 European transnational survey related to medical abortion in the first trimester of pregnancy – Filipa Mendes Coutinho, Portugal
- 14:30 – 14:40 Women's informal knowledge and understandings about IUC – Lesley Hoggart, UK
- 14:40 – 14:50 Contraception before and after abortion: what do women seek? – experience of an abortion referral centre in Lisboa, Portugal – Catarina Reis Carvalho, Portugal
- 14:50 – 15:00 Mifepristone and misoprostol for cervical ripening in surgical abortion between 12 and 14 weeks of gestation: a randomized controlled trial – Aubert Agostini, France
- 15:00 – 15:10 Therapeutic abortion for maternal cause or how to prevent them? – Anissa Ben Amor, Tunisia
- 15:10 – 15:20 Comparing 200 µg and 400 µg sublingual misoprostol before surgical abortion; a Dutch single centre clinical pilot – Sandra Kroeze, the Netherlands
- 15:30 - 16:00 **Refreshments, exhibition and poster presentations**
- 16:00 - 17:00 **Plenary session 5 - strengthening health care providers**
Main auditorium
Chairs: Sharon Cameron, UK - Nausikaä Martens, Belgium
- 16:00 – 16:20 Integrating abortion care training in sexual and reproductive health - Johannes Bitzer, Switzerland
- 16:20 – 16:40 How can a fellowship programme be started in Europe? - Uta Landy, USA
- 16:40 – 17:00 The way forward - Ann Furedi, UK
- 17:00 - 17:45 **Closing remarks**
Main auditorium
Reporter - Joyce Arthur, Canada
FIAPAC President - Sharon Cameron,
UK
- 17:45 **Farewell drink & evaluation forms**

Sunday, 16 October

09:00 – 13:00 **Post-conference session - Francophone session**
Small auditorium

Session francophone où seront résumés et discutés en Français des ateliers et des communications libres faites en Anglais durant le congrès

- 9:00 – 09:30 IUD et contraception d'urgence - David Turok, USA
 Rapporteur: S. Cameron, UK
 Modérateur: C. Chery, Luxembourg
- 9:30 – 10:00 Tests de différents niveaux pour le suivi de l'avortement médicamenteux: qu'en savons nous actuellement? - Wendy Sheldon, USA
 Rapporteur: C. Fiala, Autriche
 Modérateur : H. Missey-Kolb, France
- 10:00 - 10:30 Avortement de la fin du premier trimestre – Maria do Céu Almeida, Portugal
 Rapporteur: P. Faucher, France
 Modérateur: A .Verougstraete, Belgique
- 10:30 – 11:00 Pause café
- 11:00 – 11:30 Masterclass par internet - Jody Steinauer, USA
 Rapporteur: M. Parachini, Italie
 Modérateur: A. Crastes - Billebeau, France
- 11:30 - 12:00 Avortement et stigma: de quoi parlons-nous? Anu Kumar, USA
 Rapporteur: P. David, France
 Modérateur: C. Birman, France
- 12:00 – 13:00 Les moments forts de ce congrès
 Sophie Eyraud - France, P. Fournet - France
 Modérateur: E. Aubény, France